



## Warm Days, Cool Nights

The sun has begun its long journey southward. On Ibiza the days are warm and sunny, while the evenings are cool and soothing. Soft breezes caress the skin. Stepping into the sea is like entering a warm bath.

Through practice and study at Sage, we create an inner climate that puts us in harmony with nature. From that balanced perspective we master the fundamentals of entrepreneurship and relationship by learning to warm the heart to design innovative careers and lifestyles. As you make the transition to the new service economy, your natural joy is the magnet that attracts the kind of clients who find pleasure in sharing the good times with you.

## Jerry Karzen

The precision and loving spirit of the Sage Method is a branch of a most remarkable family tree that grows from the finest schools of psychology, physics, and movement systems, all based in empirical methodologies of such great men as Ilya Prigogine, Charles Spielberger, Moshe Feldenkrais, and Elizabeth Kübler-Ross. Our applications of learning theory to entrepreneurship are so effective because we stand on the shoulders of giants.

We trace our approach through the contributions of Jerry Karzen who was instrumental in creating the Feldenkrais Guild. Now we are honored to host Jerry as our guest for our annual learning conference right here on Ibiza. He has spent decades examining the nature of (voluntary and involuntary) movement to enable the body to move with greater ease. His ability to read the body and release habitual movements will open your sensations to new levels of perceptiveness and physical awareness.

We have collaborated with Jerry Karzen for more than 30 years, and you will find the roots of our approach in his wisdom and gentle touch. Please take this opportunity to spend a few precious days with us in October to release your body and mind.



## Special Events

Over the past several years, GWEN (Global Women Entrepreneur Network) has grown into an international phenomenon, bringing together women from all walks of life to share their expertise and compassion. This year the main conference will take place on Ibiza just prior to the Annual Learning Conference in October.

This celebration of innovative business practices focuses on how to earn your living while developing the sweet, nurturing qualities of the feminine spirit. What does it profit to gain the world if you lose your own loving spirit? You are most welcome to join us in Ibiza to design your business to suit your true nature.



## Coach Me If You Can - Online

The best way to learn coaching is to rehearse your skills online with excellent coaches who can give you the feedback and encouragement to take your skills to the next level. That is why we offer 6 weekly Monday night seminars beginning in September in which you can join together with friends in your hometown to master advanced people skills that will make you one of the finest coaches in the world today.

You learn to surf by falling down, and you learn to coach the same way, by making mistakes. Better to make those mistakes together with good friends who all learn together by practice and rehearsal via Skype. Join us for 6 inexpensive sessions online to lift your communication skills to a whole new level.



## Greetings from Mia Sage

One of our American clients who attended the Summer semester here on Ibiza made an interesting observation. She noted that she flew over because of the wonderful experiences she had with several of the independent coaches and trainers she had met. But on Ibiza she came to realize the core of kindness that forms the spirit of Sage University.

When our affiliates are on tour they face tough audiences and deal with the vagaries of local cultures that can be harsh. Naturally they are misunderstood on occasion, as they struggle to keep their lights on. But here we gather in a safe, sweet environment that soothes away the hostility and opinions that so often reduce the loving quality of our human nature.

When I tour with my entourage we face skeptics, critics, and rude business cultures that injure us. Adversity makes us stronger. And the challenges make it all the sweeter when we return home to share our experiences and to heal in the warm embrace of our team and our home turf.



## Diversity

Like any university, we attract a wide variety of people from different countries, cultures, and callings. That is why we offer courses across a wide spectrum of subjects, including relationship, entrepreneurship, leadership, and salesmanship. Dale Carnegie gave birth to our branch of education with his famous business book, *How to Win Friends*. Without true friendship, all success is hollow and empty.

Naturally our tolerance and acceptance of so many people and preferences attracts critics. But criticism and debate only add to the flavor of a robust system. Your friends can make you happy, but only your opponents can make you great.





## GWEN Berlin (August 21.-24.)

GWEN is a new spirit of cooperation between women entrepreneurs. While corporate careers favor competitiveness, entrepreneurs enjoy the benefits of innovative forms of cooperation.

The 4-Day GWEN Conference brings together business owners in a festive event where women gather to share their experiences and learn valuable skills that are not taught in business schools or success seminars.

Forget about traditional networking meetings with everyone selling. Embrace a new approach. GWEN is an enlightened business forum for women who understand the power of generosity to create attraction and appreciation for a future that belongs to all of us.

## Performing Arts Berlin (August 25.-30.)

All the world is a stage. Your day-to-day performance is your primary source of love, security and happiness. Let our Broadway team take your presentation to a whole new level.

If you can make people laugh, you can make them listen. People respond best when they sense your genuine lightness of being.

We all know the joy and wonder of a *peak experience*, but few know how to design a life-style based on the *peak performances* that make us feel really alive.

Performance is not what you think. It isn't even something you do. True performance arises from a sudden and surprising connection with a curious and appreciative audience. We show you how to awaken the curiosity in people. This is where you learn to create attraction by sharing your pleasure.



## How to Talk to Men Advanced New York/Chicago/Austin (October 01.-04.)

When a woman falls in love she feels on top of the world. Waves of happiness fill her body and mind. We all know how it feels to love another person so deeply. We always long to find our way back to that feeling.

But when love fails, the pain is devastating. Few women ever find their way back to the natural high that accompanies true love.

This 4-day seminar is designed to open your heart. It will restore your ability to immerse yourself in love. This course provides a safe environment to release the anger and anxiety that have blocked your link to men. With greater awareness you will be able to discover your defence mechanisms and see how you unconsciously provoke men. Then you will learn exciting new ways to get what you want from them.



## Jerry Karzen: Reading the Body (October 24.-25.)

The human body is a multi-sensory instrument, capable of great awareness. When you receive accurate feedback your body recovers the vivid perceptions you enjoyed in early childhood.

Jerry Karzen is the most experienced, effective practitioner we know. His skills and insights are woven throughout the Sage University curriculum.

In this delightful 2-day interview training Jerry will show us how he observes posture, breath and movement by sharing his observations with each participant. Our most experienced trainers will assist him to mirror your physical body from various perspectives.

This class will fill up quickly, so be sure to reserve your space early. Then plan to remain on Ibiza for a few more days to attend Jerry's 4-day *Awareness through Movement* class.

## Awareness through Movement with Jerry Karzen (October 26.-29.)

Sage University is pleased to introduce Jerry Karzen for *Awareness through Movement*. For over 30 years his work has greatly influenced our understanding of people and our approach to learning.

Jerry will conduct four days of movement training and demonstrate hands-on *functional integration* in October on Ibiza. These few precious days will bring a whole new awareness and sense of ease to your life. Jerry will examine your mind and body, and help you find new ways of seeing and new ways of being. You will breathe deeper, move easier, and connect more vividly to the world around you. You will also experience physical changes that will enhance your aliveness. As your body releases unconscious pain and numbness, your senses will awaken.

This is a rare opportunity to work with a master practitioner at the top of his profession. Email today for more information or to enroll.

## Astrology as Metaphor - Online (November 09.-12.)

Astrology is a form of mythological metaphor that can communicate higher truths. Logic and reasoning are essential aspects of human intelligence. But there is more to life than facts and figures. Playful pattern recognition adds to the equation by stimulating intuition and wisdom.

People grow closer by sharing profound experiences that hard sciences can't fathom. The human soul speaks a language of its own. This is an online interview weekend in which you will discover inner truths that you can only access through metaphor. Our trainers inquire about your Eastern and Western birth signs to elicit your personal mythology. Your stories reveal your subconscious wisdom across four dimensions of human experience.

Get to know yourself better as you draw closer to good friends. Join us for a few days online, to share the miracle of our existence together on this lovely planet.

## Metamorphosis - Online (4-weekend series)

Lowly caterpillars crawl through life. Progress is slow and tedious. Birds, lizards, and other animals feast on them. Nevertheless, a few of these humble insects endure long enough to build a cocoon and go into hibernation. Imagine the shift in awareness when they awaken in a new body, replete with wings and a desire to fly. The butterfly is one of the most beautiful creatures in all of nature. Metamorphosis is real transformation.

Have you done what you came here to do? Have you sung, danced, and played? Have you made your contribution? Have you lived your dream? When the end comes, will you transcend life knowing that you gave it everything?

We created this seminar series because transforming people brings us great joy. You can apply for this life-changing event by emailing [info@sageuniversity.com](mailto:info@sageuniversity.com) to set up an interview.



## August 2015

- Special Events
- Seminars
- Women Only
- Sage University 5-day modules
- Sage University 6-day modules ■ Online Seminars

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27 Media & Film School - Ibiza (6-Day)	28	29	30	31	1 Designing Your Dream Home - Ibiza Wining & Dining with the Rich - Ibiza	2
3	4 People Reading - Ibiza (6-Day)	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 GWEN - Berlin	22	23
24 GWEN - Berlin	25 Performing Arts - Berlin (6-Day)	26	27	28 The Magic of Teamwork - Berlin	29	30
31	1	2	3	4	5	6

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31	1	2	3	4	5	6
7 7:30 PM Coach Me If You Can - Online	8	9	10	11	12	13
14 7:30 PM Coach Me If You Can - Online	15	16	17	18 How to Talk to Men - Austin	19	20
21 Pleasuresize - Austin	22	23	24	25 The Magic of Teamwork - Houston Coaching from the Heart - Online	26	27
28 7:30 PM Coach Me If You Can - Online	29	30	1 How to Talk to Men Advanced - New York/Chicago/Austin	2	3	4

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19 GWEN - Ibiza	20	21	22	23	24 Reading the Body with Jerry Karzen - Ibiza	25
26 Awareness through Movement with Jerry Karzen - Ibiza	27	28	29	30	31	1

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