

## Better Communication



People desperately want to communicate in order to share meaningful experiences. Unfortunately we have images to uphold and cultural imperatives that force us to conform to the expectations of society. The greatest accomplishment for anyone is to create honest partnerships. That is why Sage University is dedicating 2016 to refining communication skills that you can use to express your inner truth and to enliven those you love.

Our next **Monday Night Class** series online is dedicated to improving your communication. February 1<sup>st</sup> is the opening class for the most comprehensive event we have ever offered. Invest 200 and 6 weeknights to open a new dimension of connection.

## Effective Private Sessions

*It's Your Ship* is a delightful book about a young sea captain that took over one of the worst ships in the fleet. He transformed the spirit of his team, by transforming the crewmembers through the process of coaching interviews. Together they transformed the vessel into the “best damn ship in the Navy”. He achieved this feat by interviewing each member of his crew and asking them what they wanted. That is the power of the interview. By acting as a coach, the commander inspired his team to an entirely new level of capability.

Inspired by his example, our team created a video series on how to conduct effective private sessions with coaching clients, associates, and friends. Our interns produced the series by filming interviews with some of our most experienced coaches. Although they have only been assisting for a few weeks, they quickly created a first-rate training kit—8 dynamic videos for 50€--for leaders, trainers, and people who enjoy bringing out the best in others. Advanced coaching skills can significantly increase your practice and improve your income.

You can preview one of the films on [www.freecoachtv.com](http://www.freecoachtv.com) and you can order the entire toolkit by contacting us at +34 971 339 616 or emailing [info@sageuniversity.com](mailto:info@sageuniversity.com).



## Inspiring People

When you talk about life and express your opinions, you have a small impact on other people. But when you learn to conduct meaningful coaching interviews, you change lives and people tell their friends about you. Your coaching practice grows and prospers.

Some of us coach people for the fun of it. Others earn their living by guiding people through the challenges of life. In either case, coaching brings people into higher awareness.

We can all remember the people who touched our hearts—whose belief and encouragement opened new directions for our lives. Those people live on in our words and deeds, and in careers that have made our lives so wonderful. So pass it along. By coaching good people you leave a lasting mark on the world.



## Happy New Year

Welcome to 2016, and to all the challenges and opportunities ahead. We all live two lives. One is determined by the fates. Our existence is inevitable. So are many of the twists and turns that occur in our lives. The best we can do is to learn to accept the things we can't change. Our second life is the one we control by our choices. In this realm you have the power to discover things you can change, and then to change them.

You can change the course of your career and lifestyle by an act of will. You have the power to find fulfillment by creating the outcomes you desire. You can begin by changing your personality, your habits, and your aspirations. Aim higher. Love deeper. Laugh longer. Put aside those moods and attitudes, and embrace the good life.



## Time to Grow

Sage University is making great strides by enlisting the expertise of specialists from a variety of fields. We have delivered 20 Annual Learning Conferences over the past 2 decades. Our guests have ranged from Nobel Laureates and NASA scientists to business leaders, entrepreneurs, and innovators from various industries.

Now we are beginning to serve clients that require assistance from leaders and officials whose contributions to society have changed the world. Some of these “miracle workers” are well known in their own fields of endeavor. Some of them will come from our own students and alumni.

Presently we are offering free training for immigrants who will assist us to open several new countries. In addition we are expanding our consulting services to companies and agencies that can benefit from improved communication and better people skills.

No other organization or university can provide human dynamics training that touches people so deeply. As the global society shifts from the knowledge era to the *experience* economy, we are poised to provide services that stoke the engines of a brave new world.



## Tangled Webs

People do things every day that shake the foundations of their lives. We make mistakes and suffer consequences, both seen and unseen. Spiritual people call it Karma. Psychologists call it natural consequences. Our mistakes are not sins. Misfortunes are not punishments. It's not easy being human, living with our weaknesses and frailties.

Wisdom is the art of feeling well in a world in which things rarely go well. By forgiving yourself you share your innate goodness. Our associates and professors provide feedback on what works and what doesn't work. That feedback is based on the premise that you are a bundle of goodness and a source of joy.



## Your Very Own Business Team



When you are fostering a partnership or growing your own business, you don't have to go it alone. Sage University has a series of Online Business Round Tables—Grey Team, Red Team, etc. that we offer for 20€ a month. If you are willing and able to assist the other members of your weekly group, they will respond in kind by sharing their skills and their connections with you.

People find the real meaning of success through great friendships based on integrity—the ability to complete projects. If you are curious about receiving weekly feedback and training, please contact us at [info@sageuniversity.com](mailto:info@sageuniversity.com) to learn more. This course is available to regular students of Sage University and to selected friends who are contributing to their careers.

## Live Your Dream – Hamburg

(February 06.-07.)

Your life is a beautiful dream. You have the potential to live any adventure you can imagine. Following your curiosity and your aliveness gives you the power to transform your life into the legend you have always wanted to live.

Every day you see worrying images on your mental screen that you mistake for reality. It is easy to get attached to your self-image and to the roles that society has chosen for you, and to spend your days just talking about life instead of living it.

But your true nature is much more than your thoughts and actions. In the movie of your life you are the projector. You cast the meaning and substance onto the field of perceptions. When you learn to shift your attention to activating the lifestyle you want to live, you become the architect of a wonderful, fulfilling life.

**Live Your Dream** is two days of celebration and training designed to restore the curiosity we all enjoyed as children. Immerse yourself in sensations of aliveness that bring a vivid quality to your experience.



## Communication Series 6 Monday Night Classes

The next Monday Night Class is focused on the art of communication. We begin on the first of February and meet each week for a couple of hours via Google Hangout. Here is the ray of light you need to be strong and centered in your life and partnerships.

Superior communication brings you closer to the people you love and opens the door to new friendships, both personal and professional. You can attend this class with friends in your own city. Tuition is extremely low and the return on your time is priceless. Bring some fun into your life every week by communing with us to practice patterns of communication that will change your life.



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## Coaching for Leaders

(February 17.-21.)

There is no joy on earth like leading a disciplined team. Great coaches inspire discipline. While whiners get upset, winners patiently manifest their intent by getting their way. This special 5-day event is where you go to develop pure intention.

Team spirit sets Southwest Airlines apart from all other companies in air travel, both in customer satisfaction and profits. The same can be said for Google, Starbucks, and any number of new rising stars in the corporate arena. Those businesses excel because they embrace a coaching culture in which all the players strive to bring out the best in one another.

Effective leaders know how to get people into action. They can read the force of intent in their teams and unleash the magic of team spirit. Whether you lead a company or coach business leaders to high performance, you need coaching tools that actually work and you need the skills to apply those tools.

Be the kind of leader who inspires teams to greatness. Join us to raise your people skills to the same level as your business skills.

## The Man-Woman Game - Online

(February 23.-28.)

Intimacy between men and women provides great comfort and happiness to both. We all long to bask in the security and serenity of a good relationship. *The Man-Woman Game* shows you how to communicate your needs and desires to the opposite sex.

Too many people live alone or lonely. Even married folks often live in different worlds, even in the same house. Sometimes it really does seem as if men and women come from different planets. Something needs to change.

Partnership requires a set of skills that they don't teach in traditional schools. But at Sage University we specialize in communication—especially regarding the connection between men and women.

This course will change your private life. But it is also ideal for business leaders, and for professional coaches and trainers that serve them.

## Getting to Yes

(March 01.-06.)

Superior negotiation and persuasion skills make all the difference in your prosperity and quality of life. *Getting to Yes* is six days of rehearsal in the Harvard Principle for negotiating agreements without compromising friendships.

Typical win-lose methods often require the destruction of one side. Traditional negotiating tactics create countless battles between people, from hostile divorces and broken businesses, to persecution and wars.

*Getting to Yes* provides you with an intelligent alternative. You can stop the madness by finding common ground and winning people over to mutually satisfying outcomes. Here you will rehearse and master highly professional strategies to establish true value and earn the money you deserve.

## What to Do with the Rest of Your Life - Online

(March 19.-20.)

Nothing compares to the insights you gain from the Sage interview. Here is an opportunity to attend a low-cost weekend seminar with our team. Along with your own interview you get to eavesdrop on the interviews of other people. By listening in, you discover possibilities that would have never occurred to you on your own.

While other universities focus on *question and answers*, we shift your attention to *questions and actions* that put your life on a new track. You should attend this course at least once each year to tune up your game and to refine your aim. Those ideas in your head grow stale. We specialize in opening the windows of perception and the gates of action. While others only talk about what they will do, you are already in motion, living the dream that others only imagine.



# February 2016

- Special Events
- Seminars
- Women Only
- Sage University 5-day modules
- Sage University 6-day modules ■ Online Seminars

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 7:30 PM Communication	2	3	4	5	6 Live Your Dream - Hamburg	7
8 7:30 PM Communication	9	10	11	12	13 Coaching from the Heart - Hamburg	14 Metamorphosis IV - Online
15 7:30 PM Communication	16	17 Coaching for Leaders - Ibiza (5-Day)	18	19	20	21
22 7:30 PM Communication	The Man-Woman Game - Online (6-Day)					
29 7:30 PM Communication	Getting to Yes - Ibiza (6-Day)					

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# March 2016

- Special Events
- Seminars
- Women Only
- Sage University 5-day modules
- Sage University 6-day modules ■ Online Seminars

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29 7:30 PM Communication	Getting to Yes - Ibiza (6-Day)					
7 7:30 PM Communication	8	9	10	11	12 How to Talk to Men - Hamburg	13
14	15	16	17	18	19 What to Do with Your Life - Online	20 Live Your Dream - Chicago
21	22	23	24	25	26 Live Your Dream - L.A.	27
28	29	30	31	1	2 The Communication Seminar - Chicago/New York/L.A.	3

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# April 2016

- Special Events
- Seminars
- Women Only
- Sage University 5-day modules
- Sage University 6-day modules ■ Online Seminars

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	30	31	1	2 The Communication Seminar - Chicago/New York/L.A.	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 Rejuvenation - Ibiza	23	24
25 Rejuvenation - Ibiza	26	27	28	29	30	1

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# May 2016

- Special Events
- Seminars
- Women Only
- Sage University 5-day modules
- Sage University 6-day modules ■ Online Seminars

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25 Rejuvenation - Ibiza	26	27	28	29	30	1
2	3 Coaching School - Ibiza (6-Day)	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

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